Les messages clairs

Observer :

Que s'est-il passé ?

Sentiment :

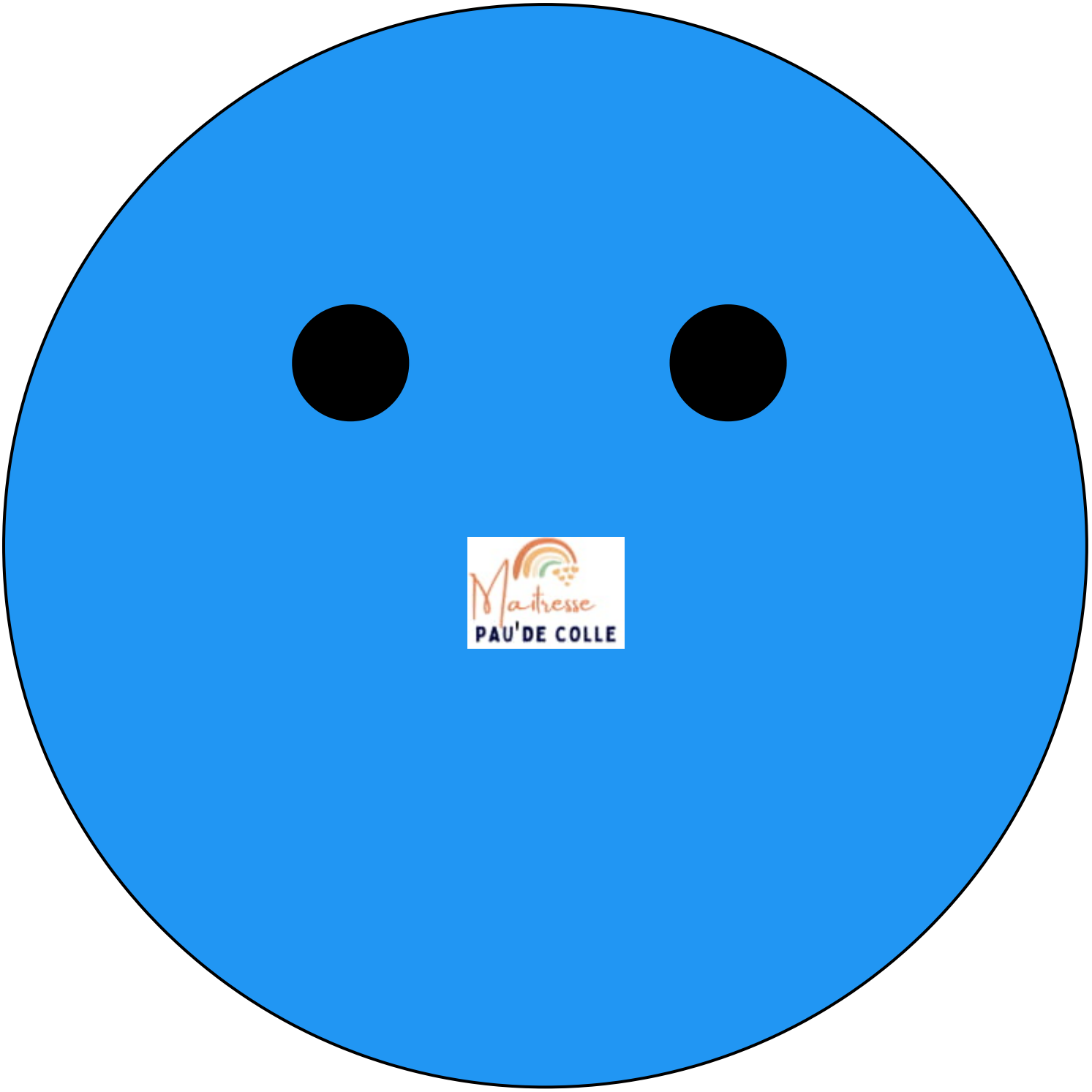
Qu'as-tu ressenti ?

Besoin :

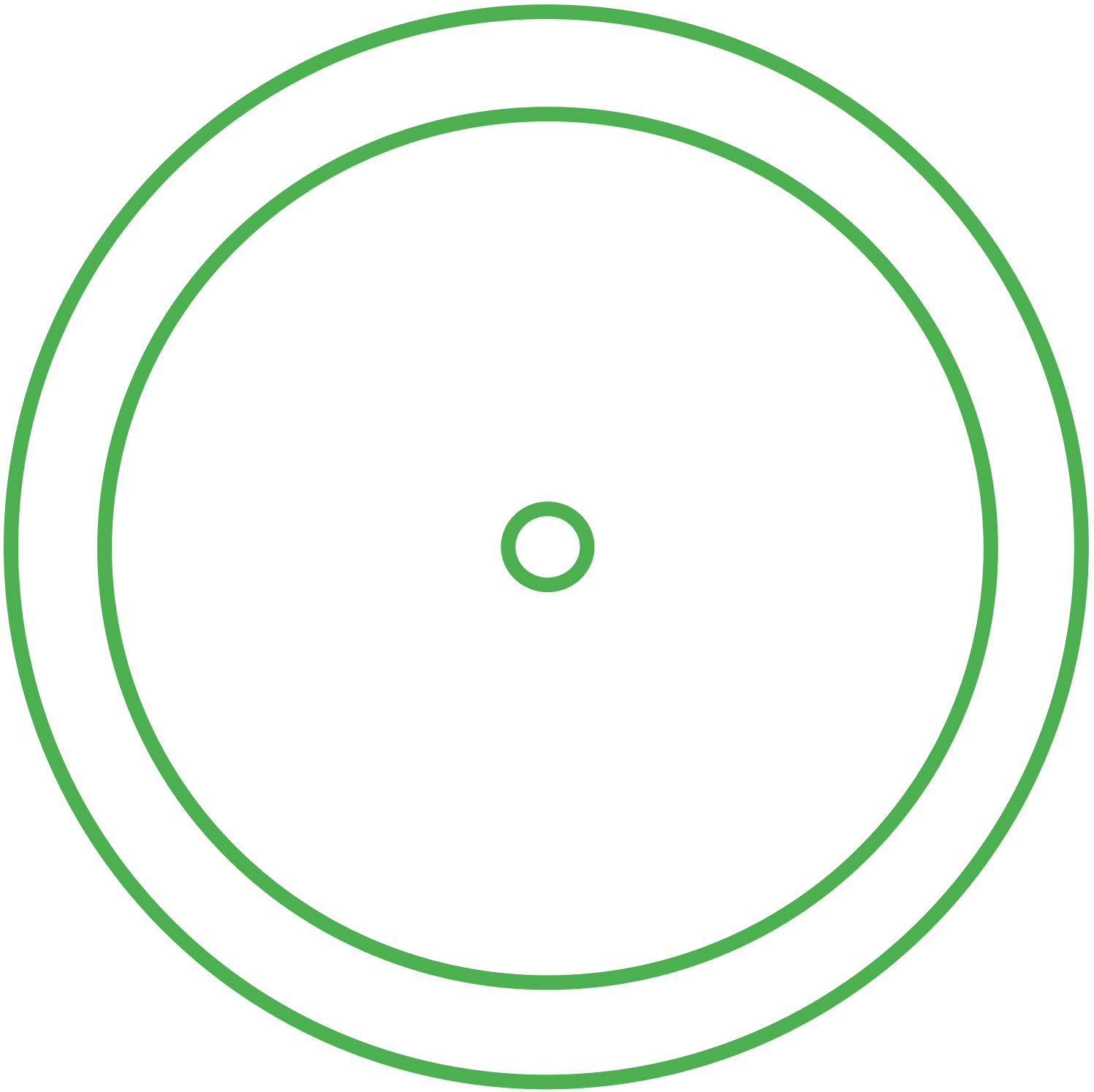
Quels sont tes besoins ?

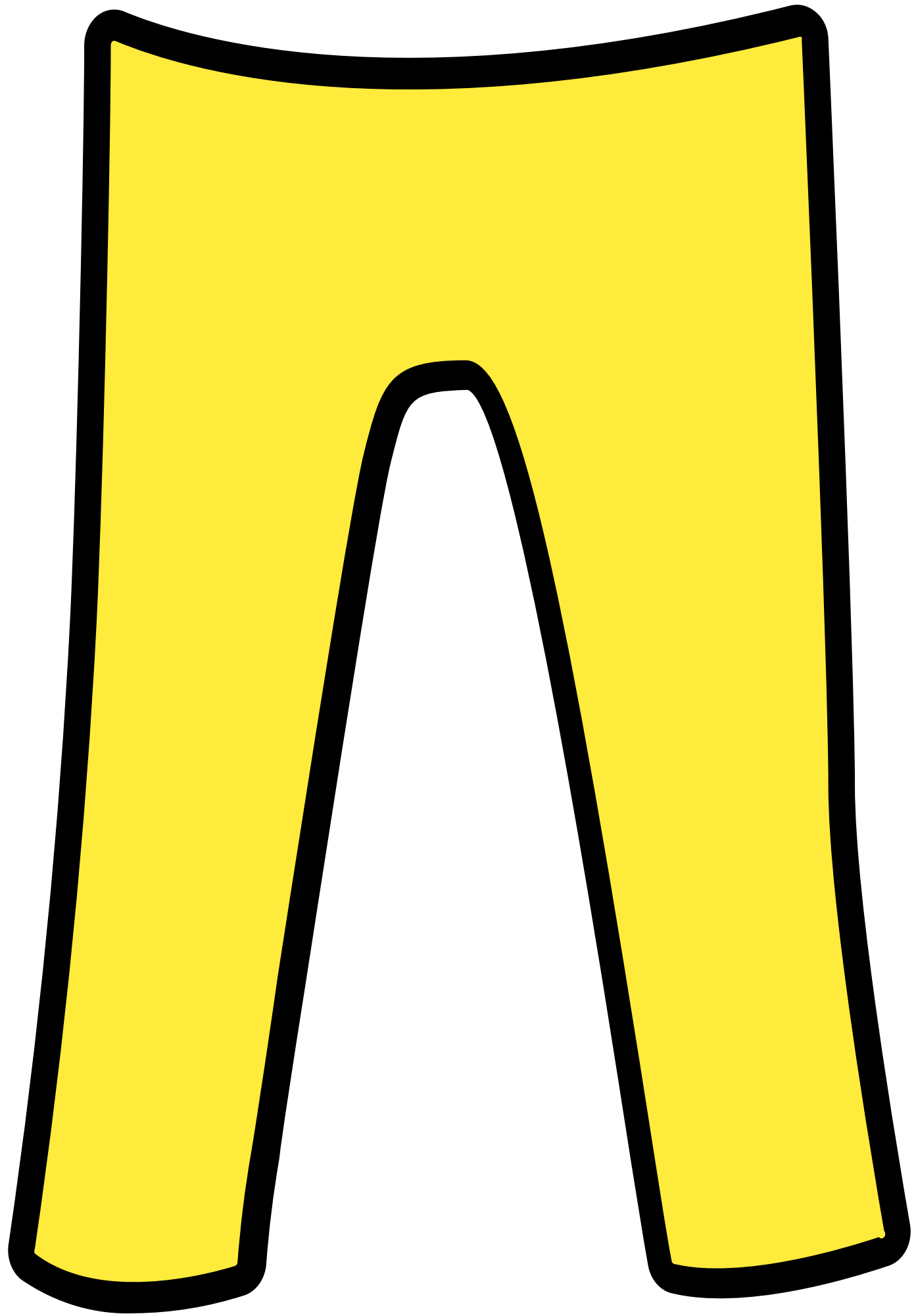
Demande :

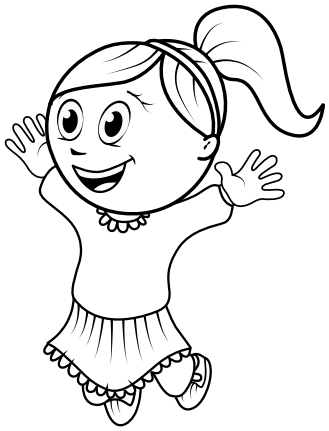
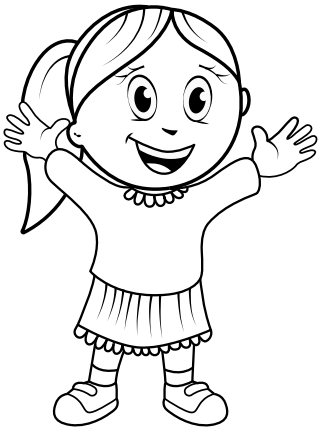
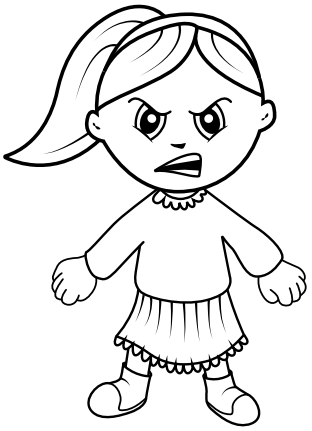
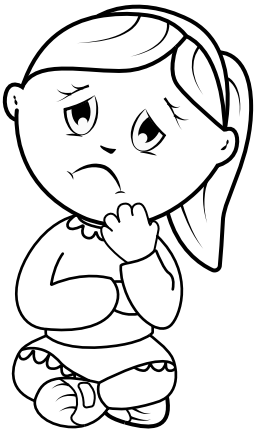
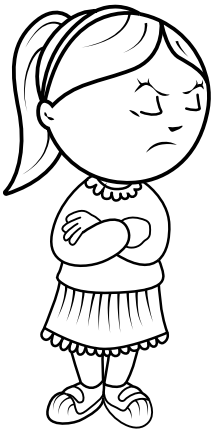
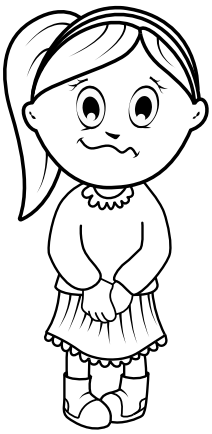
Quelles solutions proposes-tu ?


Maitresse
PAU'DE COLLE







Les pictogrammes à manipuler